






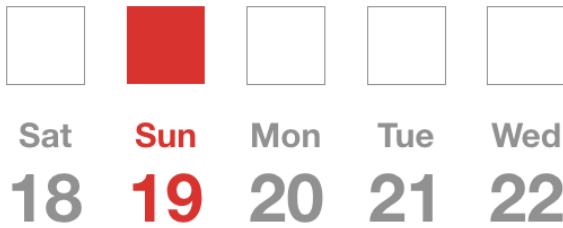


**TRAIN-THE-FOOT-TRAINER MIDDLE EAST
ABU DHABI, 18-22 JANUARY 2020**

				
Sat	Sun	Mon	Tue	Wed
18	19	20	21	22

WELCOME

18.00	Opening ceremony of the Train-the-Foot-Trainer Middle East
18.20	Introduction of the faculty
18.50	Introductions by the participants
20.10	Summary and expectations of the participants
21.00	Welcome drink and dinner



BASIC COURSE: PREVENTION IS THE MOST NEEDED

Morning moderators: Abbas, Arend Jan Woittiez

Afternoon moderators: William Jeffcoate, Salma Khuraibet

08.15 Schedule of the day

08.30 **From the Step-by-Step programmes to the Train-the-Foot-Trainer course**

Abbas

08.45 **D-Foot International: past and future**

José Luis Lázaro Martínez, Kristien Van Acker

09.05 **The art of learning: principles of interactive and small-group learning in workshops**

Mollie Donohoe, Arend Jan Woittiez

09.20 **Introduction to the workshops: identifying needs, priorities and barriers (NBP)**

Neil Baker, Kristien Van Acker

09.30 **Workshop 1: Needs, priorities and barriers (NBP)**

Neil Baker, Kristien Van Acker

10.15 Morning break

10.45 **Feedback of the Train-the-Foot-Trainer self-test and outcome**

Zahid Miyan

11.00 Introduction to Workshop 2

Zahid Miyan, Kristien Van Acker

11.10 **Workshop 2: What are the most important messages of our online basic course?**

Mollie Donohoe, Zahid Miyan, Kristien Van Acker

Key messages for you to talk to your country regions in your education. Feedback on the e-learning packages.

12.00 Reporting results: each group shares one NBP and identifies potential solutions

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- 12.30 **Patient education**
Mollie Donohoe
-
- 12.45 **Lunch break**
-
- 14.00 **Risk stratification according to the IWGDF 2019**
Khalid Edrees
-
- 14.15 **Evaluation of plantar pressure and callus removal**
Neil Baker, Christian Jérôme
-
- 14.30 **Workshop 3: Assessing (neuropathy) LOPS and PAD**
Abbas, Salma Khuraibet
-
- 15.00 **Workshop 4: Assessing plantar pressure and callus removal**
William Akiki, Neil Baker
-
- 16.00 **Afternoon break**
-
- 16.30 **Footwear—protective shoes**
William Akiki, Neil Baker
-
- 16.40 **Workshop 5: demonstration with shoes**
William Akiki, Zahid Miyan
-
- 17.15 **Live or paper case discussion how to prepare and present**
Arend Jan Woittiez, Mollie Donohoe
-
- 17.30 **Workshop 6: Live or paper case discussion on how to prepare and deliver a presentation**
Gulnaz Tariq, Kristien Van Acker
-
- 18.10 **Closure**
-
- 18.30 **Industry presentation Mölnlycke (30')**
Dressing selection for diabetic foot ulcers
José Luis Lázaro Martínez, with an introduction by Nicolo Conti
-
- 19.00 **Industry workshop Podartis (30')**
Basic evidence of the therapeutic shoe and the choice according to the risk
William Akiki, Camillo Buratto, José Luis Lázaro Martínez
-
- 19.30 **End**
-
- 20.00 **Dinner**

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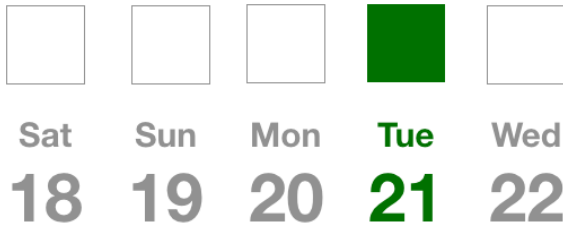
ADVANCED COURSE (PART 1)

Morning moderators: Neil Baker, William Akiki

Afternoon moderators: Khalid Edrees, José Luis Lázaro Martínez

- 08.15 Schedule of the day
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- 08.30 **What do we mean by "standard of care"?**
Offloading, wound management, infection control, vascular control, holistic approach
José Luis Lázaro Martínez
-
- 08.50 **Workshop 7: Offloading and casting**
Video casting for all. Show and discuss in small groups what you do today and what you would implement in your regions of your country (to be prepared in forehand by delegates)
Neil Baker, Salma Khuraibet
-
- 09.35 **Wound management and debridement**
José Luis Lázaro Martínez
-
- 09.50 **Infection soft tissues (diagnosis and treatment)**
Eric Senneville
-
- 10.15 Morning break
-
- 10.45 **Workshop 8: Microbiology settings in low-resource countries**
Abbas, Eric Senneville
-
- 11.30 **Vascular assessment (advanced with some big lines on vascular interventions) Peripheral Arterial Diseases and its assessment in LMIRs**
Abbas
-
- 11.50 **The new IWGDF classification tools**
Kristien Van Acker
-
- 12.10 **Workshop 9: Getting familiar with this new classification system**
William Jeffcoate, Kristien Van Acker
-
- 13.00 Lunch break

-
- 14.15 **Severe, deep infections and osteitis**
Eric Senneville
-
- 14.40 **Surgery techniques in deep infections- basic principles**
José Luis Lázaro Martínez
-
- 15.00 **Workshop 10: How to treat infections in LMIRs**
Abbas, Eric Senneville
-
- 15.45 **Recurrence of ulcers- remission phases: the importance of secondary prevention**
William Jeffcoate
-
- 16.00 **An introduction to biomechanics**
Neil Baker, Christian Jérôme
-
- 16.20 **Afternoon break**
-
- 16.40 **Workshop 11: Biomechanics – secondary prevention in LMIRs, Shoes in LMIRs**
Neil Baker, Christian Jérôme, Zahid Miyan
-
- 17.40 **Co-morbidity**
William Jeffcoate
-
- 18.00 **Workshop 12: Demonstration of live case presentation: complex ulcer**
Gulnaz Tariq, Kristien Van Acker
-
- 18.45 **Closing of Part 2 of the course**
-
- 19.00 **Industry presentation Neubourg (30')**
A new generation of nail correction in diabetes
Sebastian Bücklein
-
- 19.40 **Industry presentation Söring (15')**
Ultrasonic-Assisted Wound Debridement (UAW) – A novel option to clean diabetic foot ulcers: overview and case studies
Ines Faber, Kristien Van Acker
-
- 19.55 **End**
-
- 21.00 **Dinner**



ADVANCED COURSE (PART 2) IMPLEMENTATION (PART 1)

Morning moderators: Mollie Donohoe, Gulnaz Tariq
Afternoon moderators: Zahid Miyan, Eric Senneville

08.15 Schedule of the day

08.20 **The Charcot foot: identification and management**
William Akiki, William Jeffcoate

08.35 **Painful Diabetic Peripheral Neuropathy: identification and management**
Abbas, Kristien Van Acker

08.50 **Workshop 13: Implementing a programme on management and diagnosis of Charcot/ Painful Peripheral Diabetic Neuropathy**
How to organise a national plan for painful PNP and for correct Charcot diagnostics and treatment in LMIRs
William Akiki, William Jeffcoate (Charcot)
Abbas, Kristien Van Acker (PPDN)

09.30 **An eye-opener on adherence - compliance**
Kristien Van Acker

09.45 Morning break

10.15 **The art of implementation/ translation**
Kristien Van Acker

10.30 **Workshop 14 A: Group 1: How to set up a diabetic foot clinic in a low-resourced setting?**
Brainstorming NPB and identify solutions and plan programme development
Abbas, Kristien Van Acker
Workshop 14 B: Group 2: How to work on a decentralisation process if you already have a well-organised diabetic foot clinic?
Abbas, Kristien Van Acker



11.15 **From A to Z for top hygiene and less antibiotic resistance**

Abbas, William Jeffcoate, Salma Khuraibet, Eric Senneville

11.35 **Why audit and the importance of quality of care/ Data Collection rationale: reflection on UK auditing, an eye opener for hospitals in LMIRs, action points to be taken by training local teams**

William Jeffcoate

12.00 **How to develop a national educational programme: dream land ...**

Kristien Van Acker

Workshop 15: Group 1 & 2: How to develop an educational programme

Zahid Miyan, Kristien Van Acker

12.45 **Amputation and rehabilitation**

José Luis Lázaro Martínez

13.00 **Lunch break**

14.15 **Workshop 16: Identifying the gaps in your country: IWGDF guidance and your reality. Top 3 gaps**

Abbas, José Luis Lázaro Martínez

14.50 **Presentation POINT from D-Foot International**

Christian Jérôme, Kristien Van Acker

15.05 **Presentation FLIRT-Bird from D-Foot International**

Zahid Miyan

15.20 **Afternoon break**

15.50 **The International Federation of Podiatrists (FIP-IFP)**

Christian Jérôme

16.15 **The importance of referral patterns in a national diabetic foot care system. Fast-track Pathway**

Kristien Van Acker

16.35 **Workshop 17: Referral patterns in LMIRs: implementation of the fast-track pathway**

Mollie Donohoe, Kristen Van Acker, Arend Jan Woittiez

17.20 **e-Learning programme D-Foot International**

Neil Baker, Eric Senneville, Kristien Van Acker

17.40 **Workshop 18: National awareness and advocacy campaigns
programme suggestions**

Abbas, Zahid Miyan, William Jeffcoate

18.15 Closing

18.25 **Industry presentation Praxis Pharmaceutical (15')**
Evidence and experiences on new technology for treating
hard-to-heal diabetic foot ulcers

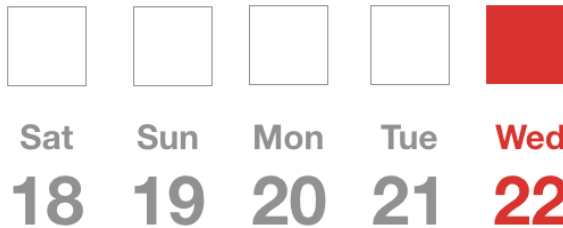
José Luis Lázaro Martínez

18.50 **Industry presentation Urgo Medical (15')**

Maher Khatib

19.05 End

21.00 Dinner



AUDITING, DATA COLLECTION AND MANAGEMENT THE FUTURE OF THE DIABETIC FOOT NETWORK

Morning moderators: Kristien Van Acker, Gulnaz Tariq

Afternoon moderators: Zahid Miyan, Eric Senneville

08.30 **Introduction with a fish (art of learning)**

Neil Baker

08.45 **Powerpoint blue print**

Mollie Donohoe, Arend Jan Woittiez

09.00 **Barriers/hurdles - discussion data collection and advice for data collection**

William Jeffcoate

09.20 **The vision of a regional politician**

TBD

09.40 **DIAFI D-Foot Tool**

Kristien Van Acker

10.00 **Morning break**

10.15 **Workshop 19: Online data collection. Working with computers**

Gulnaz Tariq, Kristien Van Acker

11.00 **Workshop 20: Meet the experts**

Leadership from different experts around the following items with interactive discussion between delegates and experts: vascular disease, infection, biomechanics, implementation, education, surgery, ...

William Akiki

12.00 Lunch break

13.00 **Workshop 21: Future action plans**

Zahid Miyan, Gulnaz Tariq

14.00 **Networking of this Train-the-Foot-Trainer Middle East group and Regional Council**

Zahid Miyan

14.30 **Follow-up proposal of D-Foot education group**

Kristien Van Acker

14.50 **Evaluation forms and global comments**

Mollie Donohoe, Arend Jan Woittiez

15.10 **Ceremony of Train-the-Foot-Trainer certificates of attendance and group picture**

16.00 Farewell drink